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Sports pg 10

Roethlisberger facing claim of sexual assault

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Celebrity Buzz

Chris Brown apologizes for assault in video

pg 18

Injured piglet gets a new home

RELOCATED A piglet that was injured after falling from a transport truck on Highway 401 is moving to a new home.

The Toronto Humane Society said the piglet, named Wiggles, will be relocated to the Painted Rock Animal Farm and Sanctuary in Tottenham, Ont.

Wiggles will have lots of company at the sanctuary, located 50 kilometres northwest of Toronto — the farm has rescued more than 100 animals from across Ontario, including other pigs.

Wiggles suffered a broken right hind leg and knee in the fall. She underwent surgery, but humane society staff said her recovery has gone well, and she is able to use her leg without problems.

METRO NEWS SERVICES

FocusOn FirstNations

Metro Canada continues its focus on First Nations and Aboriginal news, community issues, arts and culture as part of a special series coinciding with the Assembly of First Nations convention ending tomorrow in Calgary.

• Today
• No clues in search for missing teens, page 2
• Chief Fontaine reflects on the past and future, page 3
• Education, income linked to Aboriginal jail rates, page 4
• Lawrence Martin breaks down the candidates for the AFN election, page 8
• Joseph Quesnel stresses reforms needed with the AFN, page 8
• Graduate degrees in Nunavut, page 11
• Nunavut's Idlout swaggers as alt rocker, page 16

NHL Kovalev introduced as newest Senator

JIM WIECZAWSKI/METRO OTTAWA

Newly signed forward Alex Kovalev made his first appearance as an Ottawa Senator yesterday morning at Scotiabank Place. The 36-year-old right winger signed with the Sens as a free agent from Montreal on a two-year contract. Story, page 2.

Faith in food shaken

Report on listeriosis outbreak highlights several problems

TRACEY TONG
tracey.tong@metronews.ca

The listeriosis outbreak that killed 22 Canadians and sickened dozens more was complicated by several factors, including insufficient focus on food safety, lack of understanding about which governmental jurisdictions were responsible, and inadequate communication to the public, an independent investigator said yesterday.

Sheila Weatherill released the 156-page report — the result of a six-month investigation — to a press conference in Ottawa yesterday.

"Twenty-two lives were lost," said Weatherill, who was appointed by Prime Minister Stephen Harper to investigate the circumstances surrounding the outbreak, which led to the recall of 191 meat products produced by a Maple Leaf Foods plant in Toronto.

"These individuals, mostly elderly and at risk of infections, put their faith in Canada's food safety system, expecting it to protect them," she stated. "Their faith, and that of all Canadians, was shaken."

Sheila Weatherill

The report stated that the average age of people who died in the incident was 76 and that 80 per cent of those who developed listeriosis lived in long-term care homes or were admitted to a hospital that had served the contaminated food.

Forty per cent of the people who contracted the disease died, she said.

"Last summer's outbreak was rare," said Weatherill, but the risks of foodborne illness are on the rise and will only intensify in the future, she added.

The report, which includes 57 recommendations, grew out of 5.8 million pages of information as well as hundreds of interviews with representatives of industry and labour and the families of those who died.

Weatherill said she "heard repeatedly that if people had known what they knew now, events might have evolved differently.

"I think the main message we heard was that people didn't realize who was vulnerable and which foods to avoid," said Weatherill.

Recommendations included requiring all federally registered meat processors to disclose any threat to food safety occurring in their premises to the Canadian Food Inspection Agency in a timely manner; and that Canada's chief public health officer should be given a greater role during outbreaks of foodborne illnesses.

"Prevention is the most important tool," she said.

Weatherill "did not see bringing criminal or civil charges," she said.

Police confirm body is Tori's

GRIEF Fourteen weeks after his little girl clasped the hand of a woman in a white puffy coat and was led away to her death, Rodney Stafford faced the final, absolute loss of hope with both grief and relief.

"It is tough, but to at least know … it makes you feel a little bit better," Stafford said this morning as he picked up his son Daryn from the house of Tara Macdonald, Tori's mother.

Stafford said he and his son would be leaving town for the day.

For her part, Macdonald wasn't saying anything.

After holding daily press conferences on her front porch during the search for her daughter, Macdonald spent most of the day inside her house as friends and relatives came and went.

In the middle of the afternoon Macdonald left the house in the company of two women and her boyfriend and left in a car without saying anything.

A woman who came out of the house said that Macdonald was holding up "the best that could be expected."

Earlier in the day the Ontario Provincial Police confirmed the body found near Mt. Forest Sunday had been identified through dental records as that of eight-year-old Tori Stafford.

Police say it may be some time before they know how Tori died and said they are still searching for the back seat of the car in which they believe she was killed.

TORSTAR NEWS SERVICE

Free Daily News Group Inc., operating as Metro Ottawa 130 Slater Street, Suite 300, Ottawa, Ontario K1P 6E2. Publisher: Bill McDonald

Two city men in court over taxi driver assault
As a result of video footage seized by Ottawa police, two city men have been identified in connection to a July 17 assault on a taxi driver. Walid Saraj, 23, and Bradley Bell, 26, appear in court today. METRO OTTAWA

Local

Police seek men in bank robbery

Ottawa police are asking for the public's assistance in identifying two men following a bank robbery last Friday. At 1:39 p.m., two men entered a Scotiabank in the 2500 block of Bank Street and ordered all bank employees to the ground. Cash was taken and the suspects fled through the rear doors into an awaiting white, older model, four-door vehicle. There were no injuries. Police are seeking two English-speaking white males, 40 to 45 years old. METRO OTTAWA

Young man in serious condition after stabbing

INVESTIGATION A 19-year-old man is in serious condition after he suffered multiple stab wounds early yesterday morning.

At 3:31 a.m., paramedics responded to a call for a stabbing victim at Ogilvie and Cummings Avenue, where they treated a man for stab wounds. He was taken to hospital. Police are investigating.

TRACEY TONG/METRO OTTAWA

metronews.ca
What's online today.

Video Woodstock residents feel a mix of anguish and relief after Tori Stafford's remains found at **metronews.ca/canada**

Video Kelowna residents return home after evacuation order lifted at **metronews.ca/canada**

Blogs Sexcetera on a study that reveals the financial value of saying 'I love you'

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These results are not official.

Family still hopes as teens not yet found

Not enough done for missing Aboriginals: Aunt

FocusOn FirstNations

TRACEY TONG
tracey.tong@metronews.ca

It's been nearly 11 months since two Maniwaki teens disappeared.

Two large-scale searches — with the most recent one held in May — turned up nothing.

Yet the family of Maisy Odjick, who disappeared along with her friend Shannon Alexander on Sept. 5, haven't given up hope.

"We keep her in our thoughts daily. It's difficult because there's been no new information at all," said Odjick's aunt, Maria Jacko.

Maisy Odjick

There's no new information from either reserve police in Kitigan Zibi, Que., or the Sûreté du Québec, Jacko said. There hasn't been a lot of media coverage on the missing girls, partly because "a lot of people feel the girls are runaways.

Shannon Alexander

"As Maisy's aunt, I know she didn't run away. There was nothing taken with them at all. I don't know how they could get around."

While Amnesty International and Search and Rescue Global 1 — which co-ordinated the May search — said they would help again, and the family has the Missing Children's Society of Canada working with them, Jacko believes that in general, not enough has been done.

"I strongly believe that there is not enough done for missing Aboriginal women and children," said Jacko. "It's extremely frustrating. (Some people) see them as runaways not worth looking in to."

Jacko believes the girls "were taken against their will, or that they're in the spirit world."

Maisy Odjick is 17 years old, six feet tall, 125 pounds with brown hair and eyes and two piercings on her bottom lip and one on her left nostril. Shannon Alexander is 18 years old, five foot nine, 145 pounds, with brown hair and brown eyes.

Countrywide

TORONTO: Voices of Our Sisters in Spirit, a March 2009 report by the Native Women's Association of Canada has compiled 520 cases across the country of missing or murdered Aboriginal women in Canada, 59 of which, or 12 per cent, were in Ontario.

EDMONTON: The search for missing Aboriginal women in Alberta is an ongoing effort, staffed by law enforcement and loved ones seeking their missing sisters, mothers and daughters. "It's unfortunate the large percentage of missing are Aboriginal, but that speaks historically to the larger issue of vulnerability," said the mother of a slain Aboriginal sex trade worker.

CALGARY: Two memorials held in Calgary that honour missing or murdered Aboriginal woman include Justice for Jackie and Walk 4 Justice.

METRO CANADA

Rideau Canal fest $88K in funding

TIM WIECLAWSKI/METRO OTTAWA

Town Crier Daniel Richer reads a proclamation inviting people to the second annual Rideau Canal Festival taking place along the UNESCO World Heritage site beginning July 31. Yesterday, Ottawa Orleans MP Royal Galipeau announced that Parks Canada would contribute $88,000 towards funding the festival.

Heatley's help 'needed': Kovalev

Ottawa's newest Senator would like to see Dany Heatley in the dressing room next season.

In his first meeting with the press yesterday, right winger Alex Kovalev urged Heatley to stay in Ottawa.

"This year is going to be important. His help is needed," he said.

Ottawa signed Kovalev, a former Montreal Canadiens forward on a $10 million US, two-year contract.

Sens general manager Bryan Murray called Kovalev an impact player who influences the team strategy.

"When Alex agreed to come to Ottawa, I might have been the most excited guy for a period of time," Murray said.

TIM WIECLAWSKI/METRO OTTAWA

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Man catches drug-resistant swine flu

A 60-year-old Quebec man is one of a handful of people around the world to catch a strain of influenza A (H1N1), also known as swine flu, that is resistant to drugs, CBC News Online reports. Health officials said the man likely contracted the virus from his son and did not require hospital treatment. METRO NEWS SERVICES

Canada

Man nets massive trout

A resident from Deline, N.W.T., out fishing with his son last Friday got more than he bargained for when he netted a trout that weighed about 38 kilograms (83 pounds), CBC News Online reported yesterday. George Kenny and his son Jordon, 13, caught the huge trout while fishing near Broken Plate Creek along the Great Bear Lake. The lake is home to the biggest lake trout in the world.

METRO NEWS SERVICES

Worker shortage led to listeriosis outbreak: Report

FOOD Canada's food-safety system was caught unprepared and acted without a sense of urgency during last year's outbreak of listeriosis, in which 22 people died after eating contaminated deli meat, according to a report released yesterday.

Sheila Weatherill, a nurse and health executive who led the federally appointed investigation into last summer's outbreak, said in her report there was evidence of contamination on meat-production lines months before the outbreak, but these trends weren't being effectively monitored.

A shortage of food-safety workers and insufficient training of food inspectors contributed to the outbreak, Weatherill said.

REUTERS

News in brief

WILDFIRE About 6,000 people evacuated because of wildfires that threaten a B.C. community returned to their homes yesterday as crews made progress containing the blazes. Firefighters have taken advantage of favourable wind conditions to expand containment lines around the fires that have threatened housing subdivisions west of Kelowna, since the weekend, officials said. About 5,000 people remain evacuated. Authorities have expressed fears that dry conditions will result in more wildfires. REUTERS

Chief reflects on past, future

Fontaine addresses First Nations peoples on last day as leader

FocusOn FirstNations

AMY GREGSON
for Metro Canada

Assembly of First Nations Chief Phil Fontaine took the last day of his reign to address his people, and reflect upon his leadership of Canadian Aboriginal Peoples over the past decade.

Fontaine has been the national chief for the past nine years and he told delegates yesterday at the 30th annual Assembly of First Nations conference in Calgary that stepping down was a difficult decision, but one with which he is content.

ROBIN KUSINSKI/FOR METRO CANADA

Assembly of First Nations Chief Phil Fontaine addressed delegates at the 30th AFN conference being held in Calgary yesterday. The election of a new chief begins today.

The former chief of the Sagkeeng First Nation in Manitoba said he felt blessed to have this time as leader. "I consider it a rare privilege," he said.

Fontaine reflected on the past nine years on what has been accomplished for First Nations people in this country and said everything has been done for the good of the people.

Successes Fontaine touched on included improving band leadership representation between male and female elders, building relationships with the private sector and the $1.4-billion stimulus package to Aboriginals.

Election

- The election for the new national Assembly of First Nations chief begins today.

Fontaine also spoke about the apology given on June 11, 2008 to the survivors of residential schools and it is a start to the work that still needs to be done.

"That work will be made so much easier by the apology and those words spoken by the prime minister."

Fontaine said the gap between Aboriginals other Canadians in terms of housing, education and quality of life still needed to be addressed.

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X-rated driving

Police who pulled over a motorist on a busy Ontario highway on Saturday said he was watching an X-rated movie on a portable DVD player while driving 40 km/h over the limit. TORSTAR NEWS SERVICE

Study begs questions

Aboriginals account for 22 per cent of adult inmates in Canadian jails, while representing three per cent of the country's population, according to a study released yesterday.

Factors such as education, income and housing may help explain the disproportionate numbers, according to Statistics Canada.

"Age, level of education, and employment status can only partially explain the representation of Aboriginal adults incarcerated in Canadian prisons," the study said.

Researchers looked at data from Alberta and Saskatchewan, where four out of five inmates are Aboriginals despite making up 11 per cent of that province's population.

They found that incarceration rates corresponded to the level of education for both Aboriginals and non-Aboriginals aged 20 to 34.

Having a high school diploma or a job made people less likely to land in jail, although non-Aboriginals benefited more from having an education and steady income.

The study is based on incarceration rates calculated as of May 16, 2006 — the day the last national census was taken.

METRO NEWS SERVICES

FocusOn FirstNations

Disproportionate

- In Ontario, nine per cent of the inmate population is Aboriginal, compared to two per cent of the population.

Flu inaction concerning chiefs

H1N1 With worries that a second wave of influenza A (H1N1), also known as swine flu, will hit this fall, Aboriginal leaders and Liberal MPs met yesterday to discuss a lack of leadership the federal government has been taking. Grand Chief Sydney Garrioch from the Fox Lake Cree Nations in Manitoba spoke on behalf of First Nations and is asking government and regional health authorities to work with First Nations people. "This is an issue we are really worried about. How are they going to confront and control it?" he said. METRO NEWS SERVICES

Makers of perishables want speed at border

TRADE MDS Nordion supplies about half the world's medical isotopes, used by doctors to diagnose and treat disease.

It has developed a sophisticated network to ship its products across the Canada-U.S. border.

Time is of the essence, said Paul Gray, the Ottawa-based company's vice-president of global logistics. The isotopes decay very quickly, and in a matter of hours can be rendered useless for medical purposes.

"Imagine a load of ice being shipped without a cooler," was Gray's analogy.

Businesses that ship products across the border say wait times are long and often unpredictable, due to layers of rules and regulations, poor infrastructure, lack of technology, and staffing limitations.

In a joint report yesterday, the Canadian Chamber of Commerce and U.S. Chamber of Commerce called on both governments to make changes.

"Our countries share this common border and must work together to improve the flow of trade and people," said Tom Donohue, president and chief executive of the U.S. chamber.

Called "Finding the Balance: Shared Border of the Future," the report recommends streamlining border wait times, improving trusted shipper programs, and offering pre-clearance of goods and people before they arrive at physical border crossings.

TORSTAR NEWS SERVICE

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Swimmer faces a heavy task

Jade Scognamillo, 15, must gain 15 pounds to beat the cold before she tries Friday to become the youngest swimmer to cross Lake Ontario. TORSTAR NEWS SERVICE

No to skilled migrants?

Study says they're no longer Canada's priority

Well-educated, well-briefed and English-speaking immigrants are no longer our chief priority, a new analysis says.

"Everything is a priority except skilled workers," says study author Naomi Alboim.

"Federal skilled workers we know do the best in terms of their long-term economic contributions to Canada."

Instead, says Alboim, "the federal government is devolving responsibility to the provinces."

The result is a national immigration system built on short-term thinking, two-step immigration and outdated methods of integrating newcomers, she says.

"Immigration policy ... determines who we will be tomorrow."
Naomi Alboim, study author

At the root of the problem, says Alboim, is a patchwork of new programs sprung on Canadians with no public debate.

"If they do have a vision, it sure would be nice for it to have been developed with debate, even parliamentary debate.

"Immigration policy is one of the most important policies we have. It determines who we will be tomorrow."

Ottawa has hiked the number of temporary foreign workers by 100 per cent from 2004 to 2008 and provincial nominees, who are chosen by each province based on their own rules, by 40 per cent to 22,411 from 2006 to 2008.

Skilled workers who come through the federal system fell by 2,211 from 2006 to 2008.

The study spells out 15 comprehensive fixes that involve federal and provincial governments, educators who recruit foreign students and employers who hire temporary workers.

Step one, said Alboim, is to put the emphasis back on federal skilled workers.

TORSTAR NEWS SERVICE

Storm's fury hits refineries — and supplies

FUEL A severe weekend storm in Edmonton knocked out power to two of the region's three major refineries.

It worsened an already-tight gasoline supply situation, industry officials say.

Worst hit in the wind, hail and electrical storm was Petro-Canada's refinery.

Petro-Canada has been forced to ration fuel supplies to its retail and wholesale outlets.

Imperial Oil's refinery is slowly ramping back up in a process that will take days.

REUTERS

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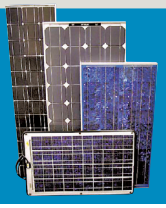
Baghdad bombs kill 16
Bombs exploded across Baghdad yesterday, killing 16 people and wounding dozens, with two of the blasts striking the crowded Shi'ite slum of Sadr City, security officials said. REUTERS

World



China offers solar subsidies

China has launched an unprecedented and long-awaited plan to offer subsidies for utility-scale solar power projects, sparking a rally in shares of Chinese solar panel makers yesterday. Beijing's bid to boost the solar energy sector could draw more than $10 billion US in private funding for projects and put China on track to become a leading market for solar equipment in the next three years. REUTERS

Guerrillas strike Afghanistan

At least 9 killed as Taliban gunmen, suicide bombers attack

At least nine people were killed when Taliban guerrillas, including waves of suicide bombers, launched a series of daring attacks in east Afghanistan yesterday, officials said, in a clear upsurge of violence.

Suicide bombers attacked, or attempted to attack, government and security offices and a military post in two key eastern towns, Gardez and Jalalabad. Gunbattles raged in Gardez amid confused reports of the fighting.

In Gardez, the capital of Paktia province, the U.S. military said at least three suicide attacks were reported. The Taliban said 15 suicide bombers launched attacks against government buildings.

Separately, two would-be suicide bombers attempted to attack a military outpost near the airport in Jalalabad, a former Taliban stronghold and capital of Nangarhar province, bordering Pakistan.

TIM WIMBORNE/REUTERS

American soldiers talk to a village elder in Kolack in Afghanistan's Kunar province yesterday.

The Taliban, leading a growing insurgency against the Western-backed government and seeking to drive foreign forces out of Afghanistan, claimed responsibility for both attacks.

Violence has surged across Afghanistan since thousands of U.S. Marines and British troops launched major new offensives in southern Helmand province, the heartland of the Taliban and the major producer of the opium poppy that funds the insurgency.

The offensives are the first operation under U.S. President Barack Obama's new regional strategy to defeat the Taliban and its Islamist allies. REUTERS

Iranian police detain protesters: Witness

IranCrisis

CONFLICT Iranian riot police clashed with hundreds of pro-reform protesters in central Tehran yesterday and detained dozens of them, a witness said, in the latest unrest over last month's disputed election.

The witness said demonstrators were chanting slogans against President Mahmoud Ahmadinejad and the government, including: "Ahmadinejad — resign, resign" and "Death to dictators."

The witness said police beat protesters who had gathered in Tehran's Haft-e Tir square in defiance of a ban on such demonstrations following the June 12 election, which the opposition says was rigged in favour of Ahmadinejad.

"Riot police are taking dozens of protesters into their cars and they are taking them away," the witness said.

"There are hundreds of riot police and plainclothes (security forces), beating people who gathered to support (opposition leader Mirhossein) Mousavi," the witness said.

"There are hundreds of riot police and plainclothes (security forces), beating people who gathered to support (opposition leader Mirhossein) Mousavi." Witness

The clash erupted four days after similar confrontations between police and protesters on Friday after former president Akbar Hashemi Rafsanjani declared the Islamic Republic in crisis and said there were doubts about the election result.

The authorities reject opposition charges of vote rigging. REUTERS

Deaths from swine flu now surpass 700, says WHO

Flu Outbreak

HEALTH Influenza A (H1N1), also known as swine flu, has killed more than 700 worldwide since emerging in April, and countries could consider closing schools to slow its spread, the World Health Organization said yesterday.

"School closure is one of the mitigation measures that could be considered by countries." Alphaluck Bhatiasevi, WHO

The WHO, whose previous death toll was 429 two weeks ago, also said it was up to national health authorities to decide what measures they impose to slow the virus' spread.

British researchers writing in the journal Lancet Infectious Diseases said on Monday that governments needed to draft plans for when and how to close schools if the swine flu pandemic worsens.

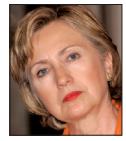
"School closure is one of the mitigation measures that could be considered by countries," WHO spokeswoman Alphaluck Bhatiasevi told a news briefing.

"It is really up to countries to consider what mitigation measures suit them." REUTERS

U.S. fears Myanmar-N. Korea arms link

ASIA The United States said yesterday it was worried about the possibility of military links between North Korea and Myanmar and called on Myanmar to end human rights abuses and the mistreatment of minorities.

U.S. Secretary of State Hillary Clinton voiced the concerns ahead of the ASEAN Regional Forum security meeting, whose contentious topics may include how to rein in North Korea's nuclear program and how to promote democracy in military-ruled Myanmar.



Hillary Clinton

Talk of Myanmar-North Korea ties has been fuelled by the fact that a North Korean ship, tracked by the United States in June and July on suspicion of carrying arms, appeared headed toward Myanmar before turning around. REUTERS

News in brief

MILITANTS Pakistani troops have killed over 50 militants in two days of fighting in the Lower Dir district, the military said. The security forces conducted a search and cordon operation in several villages of Lower Dir on July 19 and 20 against militants who had fled a military offensive in the neighbouring Swat valley, the military said on Monday.

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Climate negotiators working on proposals
World climate negotiators will gather in Bonn next month to edit an "indigestible" set of proposals into a manageable document for international consideration, the head of a key UN panel said yesterday. REUTERS

U.S. seeks end to crisis in Honduras

The United States called on the rivals in Honduras' political crisis yesterday to reach a quick deal to restore democratic rule with the return of ousted President Manuel Zelaya.

The de facto government that took power when Zelaya was toppled in a June 28 coup has not been recognized by any other country, but has flatly refused to allow his return to power.

Since negotiations mediated by Costa Rican President Oscar Arias collapsed Sunday, the United States has stepped up pressure on the de facto government and again threw its support behind Arias and his proposals yesterday.

"We're in constant contact with a number of countries in the hemisphere regarding the situation in Honduras, and we believe the Arias mediation is the right way to go, and the time is now to … resolve this issue," State Department deputy spokesman Robert A. Wood told reporters.

"We think that this is the best (way) … to restore the constitutional order in the country, and we want to see that happen now," he said.

Speaking from exile in Nicaragua, Zelaya said he would soon be back in Honduras. REUTERS

Seven-point plan

- Costa Rican President Oscar Arias' seven-point plan includes ousted President Manuel Zelaya's return to Honduras and the formation of a a coalition government that includes rival parties. Arias hopes to lure both sides back to the negotiating table today.

Colombia **Protest over pay cuts**

FEDERICO PANDOLFI/REUTERS

Colombian riot police stand guard as state workers set up a blockade during a protest against overtime cuts and wage bonus reductions in the central province of Cordoba yesterday. At least 11 people were detained in the second consecutive day of the protest, according local media reports.

News in brief

JAPAN Japanese Prime Minister Taro Aso dissolved parliament's lower house yesterday for an Aug. 30 election that polls show could see his conservative party ousted for only the second time in its more than half-century reign. A victory for the opposition Democratic Party of Japan would raise the chances of breaking a deadlock caused by a divided parliament that has stymied policy implementation as Japan struggles to emerge from recession. It would also usher in a government pledging to adopt a diplomatic stance less subservient to close ally the United States. REUTERS

Europe increases pressure on Israel

SETTLEMENTS Germany, France and EU president Sweden yesterday joined Western nations pressing Israel to stop building settlements in East Jerusalem and the West Bank under a U.S.-led effort to resume stalled peace talks.

Israeli Prime Minister Benjamin Netanyahu, who has resisted international calls to freeze building in occupied territory, seemed to show a sign of flexibility as a newspaper reported a secret plan to remove two dozen unauthorized settler outposts.

Israel has long pledged to dismantle hilltop outposts that it never approved, but has continued building larger settlements in East Jerusalem and the West Bank, land it captured in a 1967 war, and where Palestinians want to build a future state. REUTERS

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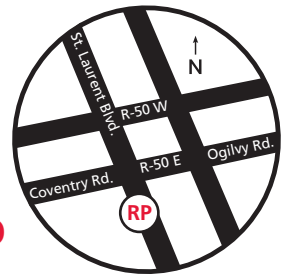

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Comment

Turning away from extreme

NationalReport

Chief John Beaucage, left and Chief Shawn Atleo, right, are considered the front runners to be the new national chief of the AFN. Chief Bill Wilson, Chief Perry Bellegarde and Chief Terry Nelson, below from top, round out the five candidates.

It was only a couple of years ago that the native peoples were threatening to shut down parts of the country's railway system at their national day of protest. One of the protest leaders was Terry Nelson of Manitoba. He enthusiastically declared that "we can shave $200 billion off the GDP of Canada."

Things have thankfully calmed down since then. Mr. Nelson is a candidate for the leadership of the Assembly of First Nations which will be decided in Calgary.

But of the five contestants for the position his chances are deemed remote at best. The winner will likely be one of the more conservatively inclined candidates, Shawn Atleo or John Beaucage.

That's surprising because the AFN has not exactly had an easy time with the Conservative government. It cut its funding to $7 million from $10 million. The Conservatives also did away with the Kelowna Accord, a $5-billion program of social assistance.

But under outgoing national chief Phil Fontaine, the First Nations have moved to see gains can better be made through conciliation. The leading candidates to succeed Fontaine are focusing on economic development. They want more investment in housing and education to address their high cost of living.

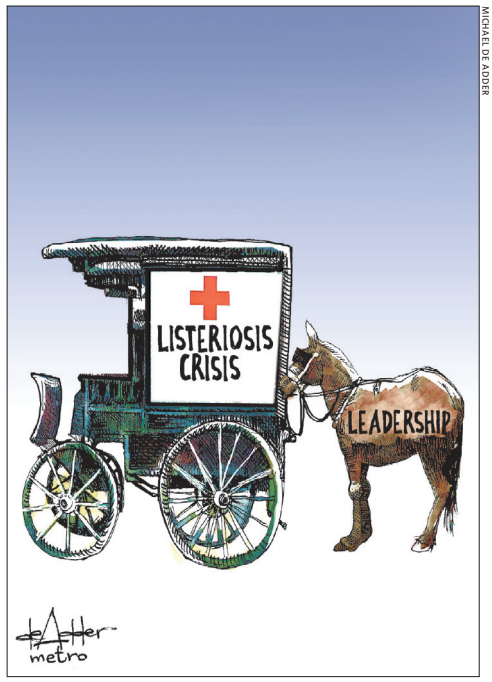
Education is high on the candidates' agenda. It's appalling that funding for aboriginal students is $1,200 less than the national average.

Shawn Atleo, the regional chief of the AFN for British Columbia, is seen as the frontrunner in the election, in good part because the voting under the AFN's antiquated system is done by the country's 633 chiefs and about one-third of them are from B.C. The 42-year-old Atleo is pushing hard on education reform. His main challenger, John Beaucage, grand chief of the Union of Ontario Indians, is an economist who favours more self-government. A third strong contender is Saskatchewan's Perry Bellegarde, who is pressing for an overhaul of fiscal relations with Ottawa. AFN elections are hard to predict. In the past they have brought forward radicals like Mathew Coon Come. This time such an outcome is unlikely. Though their problems are enormous, though their living standards are embarrassing in a country of such wealth, the First Nation chiefs appear content to favour pragmatism over extremism.

How long that will last is the question.

FocusOn FirstNations

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



MICHAEL DE ADDER

Worth Mentioning

How do they get camel milk into their camel-milk bar?

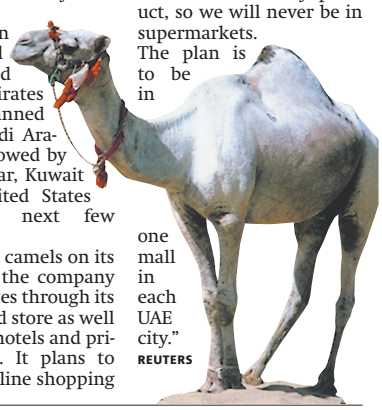
CHOCOLATE Dubai's Al Nassma, the world's first brand of chocolate made with camels' milk, plans to expand into new Arab markets, Europe, Japan and the United States, its general manager said yesterday.

Martin Van Almsick said the United Arab Emirates company planned to enter Saudi Arabia first, followed by Bahrain, Qatar, Kuwait and the United States within the next few months.

With 3,000 camels on its Dubai farm, the company sells chocolates through its farm-attached store as well as in luxury hotels and private airlines. It plans to launch an online shopping facility within a month, Van Almsick said. The farm is controlled by the Dubai government.

"We aim to be the Godiva of the Middle East," Van Almsick said in an interview. "It's a luxury product, so we will never be in supermarkets. The plan is to be in one mall in each UAE city."

REUTERS



Views

Four modest proposals for a new AFN Chief

Joseph Quesnel
Guest Columnist

The Assembly of First Nations (AFN) is at a crossroads as they vote for a new national chief today.

The eventual winner must adopt reforms to put First Nations first. Among them:

1) Become accountable.

Results of the annual Frontier Centre for Public Policy Aboriginal Governance Index, an on-the-ground survey of indigenous people in Manitoba, Saskatchewan and Alberta, found:

- Close to half of all respondents reported favours and payments were exchanged for votes.
- About 74 per cent said members of the chief's family disproportionately receive jobs in the community.
- About 30 per cent knew of people removed from the community for political reasons through a band council resolution.
- Sixty-two per cent said they "do not really" or "never" received access to the band's business plan or financial statements.

2) Recognize the central role of private property in promoting prosperity.

The AFN is uniquely positioned to promote private property rights within First Nations, which would allow members to secure loans, build businesses and become self-reliant. Preventing development may look bold, but traps communities in poverty.

3) Lead by example and reform the AFN.

In 2005, the AFN's Renewal Commission called for drastic reforms, including adding a one-member, one-vote system for the national chief. Do it.

4) Stop playing politics.

The AFN stalled major initiatives that would have improved the lives of indigenous peoples: Axing the First Nation Governance Act in 2003 allowed electoral fraud to continue; the AFN's call for a three-year period before human rights legislation can be mandated for reserve governments exposed indigenous people to further oppression; recent calls to pull legislation that grants equal matrimonial property for First Nation women leaves women more vulnerable.

FocusOn FirstNations

Joseph Quesnel is a policy analyst of Métis heritage with the Frontier Centre for Public Policy.

Metro Online Poll Results

65% SAID YES

Should Taser use by police officers be further restricted?

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35% SAID NO

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Canada's economy to take less damage than forecast this year: Bank of Canada
Bank of Canada governor Mark Carney acknowledged yesterday that Canada's economy will contract this year by 2.3 per cent, its worst performance since 1982. But even that forecast is a significant improvement on his previous prediction in April of a devastating three per cent contraction in 2009. TORSTAR NEWS SERVICE

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Wal-Mart unveils plans to bring superstores to Sask.

RETAIL Wal-Mart Stores said yesterday that it plans to open its first supercentres in Saskatchewan, a move bound to heighten grocery price wars in the region.

The world's biggest retailer, which currently has 312 stores in Canada, will open two of the stores, which feature a complete grocery section along with merchandise shelves. The 185,000-square-foot stores are slated to open in Regina and Saskatoon in early 2010. REUTERS

Chains cut prices

- Canadian grocery chains in Eastern Canada, such as Loblaw and Metro Inc., have already been forced to cut prices on key staples as they look to fend off stiff competition from Wal-Mart.

Caterpillar raises '09 forecasts despite dismal Q3 outlook

MACHINERY Caterpillar Inc. raised its 2009 profit target yesterday, saying the world economy was stabilizing.

Its shares surged as much as 13 per cent after it raised its profit forecast for the full year. The company, however, is still braced for a sharp drop in profit. Caterpillar expects a dive of more than 80 per cent in per-share earnings, and warns the third quarter will be its weakest of the year. REUTERS

Business in brief

OIL Suncor Energy Inc. cleared the last hurdle for its $22.5-billion takeover of Petro-Canada yesterday when it agreed with Canada's Competition Bureau to sell 104 gas stations in Ontario, where both companies operate retail networks. With the bureau's approval, Suncor can complete the deal to create Canada's biggest oil company by Aug. 1, it said.

INTERNET Warner Music Group, the world's third largest music company, is still in talks with YouTube to license its artists' music videos even after all its major rivals have renewed their deals. REUTERS

RIM, Nortel at odds over bid

Research In Motion Ltd. said on Monday Nortel Networks had effectively blocked the BlackBerry maker from bidding potentially $1.1 billion for the bankrupt Toronto company's wireless business.

Analysts said the smartphone maker was zeroing in on Nortel's library of wireless patents at a bargain price. RIM said it wanted to be qualified as a bidder in Nortel's auction of its CDMA and LTE wireless technology businesses, set for July 24, but was told it would qualify only if it pledged not to submit offers for other Nortel assets for a year.

RIM said it had been prepared to pay roughly $1.1 billion for the wireless business, which would trump the $650 million stalking horse deal with Nokia Siemens announced last month.

The smartphone maker's surprise statement comes as Nortel tries to hive off parts of its businesses. Nortel, in a statement, said it diligently attempted to work with RIM on acceptable confidentiality terms relating to Nortel's intellectual property assets, but "RIM refused to comply with the court approved procedures." REUTERS

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2014 World Cup to be dry?

Brazilian prosecutors are promising to fight FIFA to keep alcohol from being sold in stadiums during the 2014 World Cup of soccer in Brazil. The Brazilian Football Confederation prohibits alcohol sales in stadiums, but it is not a law and it could be easily reversed during the World Cup. METRO NEWS SERVICES

Sports

Peeping Tom will pay: Lawyer

ESPN reporter Erin Andrews, left, was secretly videotaped in the nude in a hotel room and the video was posted on the Internet, her lawyer says. It's unknown when or where the video was shot or who shot it. Andrews plans to seek criminal charges and file civil lawsuits against the shooter of the video and anyone who publishes the material, her lawyer said. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Contador, Armstrong still 1-2 at Tour

Spain's Mikel Astarloza lays claim to stage No. 16

Spain's Mikel Astarloza used his climbing and downhill skills to win the mountainous 16th stage of the Tour de France yesterday as the leading contenders unsuccessfully tested each other out.

The Basque rider, 29, surged in the last two kilometres of the 159-kilometre trek to Bourg-Saint-Maurice to give his Euskaltel team its first stage win since 2003.

"I'm a good climber, I can keep a good pace on the flat, but I'm not a sprinter. My only chance was to attack from far and I'm delighted it worked," Astarloza told reporters.

Astarloza, who finished ninth overall in 2007, climbed to 11th place in the general classification.

Frenchman Sandy Casar had to be content with his sixth second place in a Tour stage, ahead of compatriot Pierrick Fedrigo, winner of the ninth stage in Tarbes.

Astarloza and the two Frenchmen were part of a break which shaped up in the two big climbs of the day, the Grand St. Bernard and Petit St. Bernard, crossing over to France from Switzerland and Italy.

Spaniard Alberto Contador retained his leader's yellow jersey 1:37 ahead of teammate Lance Armstrong with Briton Bradley Wiggins third, 1:46 behind.

The leading contenders seemed content to neutralize each other until six kilometres from the top of the Col du Petit St. Bernard when Andy Schleck suddenly raised the tempo. REUTERS

Armstrong's message for Ottawans

• Seven-time Tour de France champion Lance Armstrong has sent a message through his Livestrong blog to five Ottawa cyclists hit by a van on Sunday. "... There was a group of cyclists hit in Ottawa yesterday by a van that just kept going, a hit-and-run, and I hope everybody there is doing well and we're all thinking about you," Armstrong said.

BOGDAN CRISTEL/REUTERS

The pack of riders cycles in the Alps between Martigny and Bourg-Saint-Maurice, France, yesterday during the 16th stage of the 96th Tour de France.

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Jays blow lead, lose to Tribe

MLB RESULTS

Cleveland 2 Toronto 1

AT

BASEBALL Victor Martinez's two-run double in the ninth atoned for the Indians' earlier struggles, as Cleveland took advantage of Lyle Overbay's throwing error in the final inning to grab a 2-1 victory in Toronto last night.

Martinez's hit came after Overbay threw an attempted sacrifice bunt into left field in the ninth, while Cliff Lee (6-9) pitched his second consecutive complete game, allowing just one run on seven hits with four strikeouts.

The win snapped a three-game losing streak for the Indians, who began a nine-game road trip. They recorded the victory despite stranding 14 runners — nine in the first four innings.

Scott Rolen homered, while rookie Brett Cecil pitched seven scoreless innings for the Blue Jays, who had taken two of three from Boston to open their nine-game homestand. METRO NEWS SERVICES

Steelers QB accused of sex assault

LAWSUIT Pittsburgh Steelers two-time Super Bowl-winning quarterback Ben Roethlisberger was reportedly accused of sexual assault by an employee of Harrah's Lake Tahoe hotel in Nevada.

According to the Pittsburgh Post-Gazette, the civil lawsuit was filed last Friday in Washoe County, Nev. The suit apparently also names eight employees of Harrah's that helped cover up the incident.

Roethlisberger's lawyer reportedly denied the claims.

The report states the incident stemmed from the American Century Celebrity golf tournament.

Ben Roethlisberger

The woman worked as a concierge for the tournament and was allegedly later called up to provide room service for the Pittsburgh quarterback. When she arrived, apparently no room service was necessary, and Roethlisberger allegedly committed non-consensual sexual acts with the woman.

The lawsuit includes 12 claims, including assault, sexual assault and battery, false imprisonment, fraud, invasion of privacy and defamation. No criminal complaints have been filed, according to the report.

This is the first off-field issue for Roethlisberger since his much-publicized motorcycle incident in the 2006 offseason. He crashed into a van while not wearing a helmet, breaking his jaw and nose. METRO NEWS SERVICES

Sports in brief

SOCCER Prosecutors told a jury yesterday that Liverpool captain Steven Gerrard lost his cool in a nightclub and aimed a succession of punches at a man who wouldn't let him take charge of the music. Gerrard denies the charge.

SHOOTING Former Memphis Grizzlies point guard Antonio Burks remains in critical condition a day after being shot during a robbery.

VICK NFL commissioner Roger Goodell isn't revealing when he'll decide whether to reinstate Michael Vick now that the former Atlanta Falcons star quarterback has been released from federal custody.

METRO NEWS SERVICES

Metro Workology exclusive: Backstage Pass
In the coming weeks Metro's Workology section will be focusing on the part of the entertainment industry that you DON'T see. Backstage Pass will focus on the careers behind the camera and the curtain. So be sure to read Workology and Metronews.ca/work every day.

Workology

More rail against transit age limit

University of Ottawa President Allan Rock has written to Ottawa's acting mayor asking that city council remove the new age limit on student bus passes. Rock says in his letter that the new policy, under which full-time students over the age of 27 cannot qualify for the discounted transit passes, will "have a significant impact on a large segment of our student body, in particular those students pursuing graduate studies." METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

A masterful moment for Nunavut

RAFAEL BRUSILOW
for Metro Canada

For 21 Inuit women in Nunavut, receiving their master's degrees in education isn't just a personal success, it's a historic event marking the beginning of a bright future for the territory.

The 21 female educators were recently awarded the first graduate degrees ever presented in the young Canadian territory, proving that determination and hard work can make possible the goal of having Nunavut's education system one day run by its own people.

The recipients all successfully completed a three-year masters of education program led by the University of Prince Edward Island, administered by Nunavut Arctic College and St. Francis Xavier University and funded by the Nunavut government.

Dr. Fiona Walton, a professor of education at the UPEI who helped create the degree program, says the biggest challenge was to deliver an academically rigorous program with a high standard of scholarship, presented in both English and the native Inuit language of Inuktitut. She says the students not only rose to the challenge but excelled in the program.

"English is a second language for every one of these graduates and they've worked very, very hard to get these degrees. The quality (of scholarship) is there," Walton said.

PHOTO SUBMITTED

From left: University of PEI chancellor Bill Andrew, UPEI president and vice-chancellor H. Wade MacLauchlan, graduate Shuvinai Mike, and Nunavut Premier Eva Aariak at the grad ceremony for Nunavut's first master's in education program.

From the program's start in 2006, students undertook a combination of face-to-face classes and online learning over three years to make it possible for them to earn their degrees without having to travel away from Nunavut.

"One of the things we were committed to was that students wouldn't have to leave Nunavut, we would come to them. The ultimate goal is that the educational system in Nunavut will be run by Inuit," Walton said.

Walton, who lived for 15 years in Nunavut, conducted a survey of Nunavut educators in 1995 that showed educators in Nunavut were desperate to pursue advanced qualifications but simply couldn't leave their families to study in the southern parts of the country, leaving senior educational positions in the territory held by southerners. She saw a burgeoning need and decided to do everything she could to fill the educational void left in Nunavut.

FocusOn FirstNations

"They needed to have professional learning brought to them — there's almost no expertise about Inuit education in Canadian Universities," Walton said.

Shuvinai Mike, one of the 21 graduates, believes the degrees she and her classmates have received signal a shift towards Inuit values in Nunavut's education system.

"These degrees will help our people to enter leadership roles and say that our values and ways are the best ways for our people. That cultural identity really has to be part of the school system. We can now put a voice to our ways," Mike said.

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Employers note: Gossip won't hold up in court

WorkplaceLaw

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"What you say in advertising is more important than how you say it"
–DAVID OGILVY

After 11 years as the sole service manager for Lee Munro Chevrolet in Paris, Ont., Franklyn Patterson apparently had had enough of his job. The feeling must have been mutual.

The day after a long shift, Patterson's wife contacted the company stating that her husband was not well and would not be at work for the next few days. However, when Patterson awoke the day after to find his own job posted in the classified section of the local news, he was perplexed. He hadn't been fired, and he hadn't resigned.

Sometimes a company's actions create a situation where an employee believes that he or she can no longer continue in the job. If that belief is reasonable, then the employee can treat himself as having been fired. And in Canadian employment law, when you are fired, you are entitled to severance.

Believing that the posting of his job in the local news made it impossible for him to continue with his work, Patterson sued the company, arguing that the posting should be equated with his dismissal. Interestingly, an Ontario judge recently agreed.

According to Lee Munro, the principal of the dealership, Patterson's claim for sick leave was nothing but a sham. He believed that Patterson's absence from work was a pre-meditated scheme for making a claim under the company's new disability plan. Having heard that Patterson's wife was receiving long-term disability payments, he was certain that Patterson's plan was to do the same. As Munro explained, once Patterson left work, he didn't think he would return, so posting an advertisement for his job was a logical step.

Although the court found that Munro's belief in Patterson's plan was reasonable and honestly held, it was not based on evidence — but rather on speculation and gossip. In any event, based on the medical evidence, Patterson was genuinely ill and unable to work at that time.

In an employment lawsuit, honest intentions don't always matter. Workplace rights are assessed based on what was a reasonable course of action. In this case, the court ruled that the "inescapable conclusion" was that placing the advertisement for Patterson's job in the news without providing any explanation or even informing him that it would be published was tantamount to his dismissal. Patterson was awarded nearly a year's salary and his legal costs.

Daniel A. Lublin is an employment lawyer focusing on the law of dismissal; dan@canadaemploymentlawyer.com.

Painting tip

If you need to do a small touch-up job with paint but don't want to dirty a clean brush, use a pipe cleaner instead. It's ideal for applying small quantities of paint on flat or uneven surfaces. HOMERENOTIPS.COM

Reno Rebate

Testing, 1-2-3

If you're planning on painting, try a small sample on the wall or hang up paint colour swatches to see how light affects the colour at different points in the day.

HOMERENOTIPS.COM

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

3 easy steps to a home office

Whether your passion is scrapbooking or you need a place to keep your files in order, having the proper work area can help you complete your tasks.

"Start off with one of the great storage options available to help you organize, and complete the project by adding unique decorative pieces to complement your individual style," says Frank Turco, manager of colour, trend and design at Home Depot Canada.

1 STORAGE: A great craft corner or office is one with supplies that are organized and easy to find. From Closetmaid's versatile storage system to ready-to-install or custom cabinetry, there is a perfect option for every space and need. Whether you need multiple small shelves to store all your supplies or a large display area to showcase your finished projects, it's easy to customize the storage for your new hobby corner to suit your preference and space limitations.

2 LIGHTING: Once the space is organized, consider the optimal layout for lighting. If your work is detailed or if you will be spending hours reading, selecting a bright light at the appropriate height will allow you to focus on minute details. For an environmentally friendly option, choose one of the many LED lights available.

3 FINISHING TOUCHES: Once your storage area is organized and the lighting is set, focus on the overall décor of the room. Do you want a calm space to help you unwind? If so, consider painting your walls a neutral colour and accent the space with a warm area rug.

However, if you are looking for bright inspiration, add a funky accent wall by using a vibrant or unexpected paint colour or interesting wallpaper design.

Whatever the case may be, a well-designed space will be sure to help you get the job done! NEWS CANADA

About the HRTC

- The Home Renovation Tax Credit of up to $1,350 applies to alterations "of an enduring nature and integral to the dwelling," meaning anything that is nailed down or wouldn't get transported away.
- The HRTC eligible expenditures of more than $1,000.
- For more, log on to cra-arc.gc.ca/gncy/bdgt/2009/fqhmrnvtn-eng.html.

Storage space, including shelving and cabinets, is key when you're setting up a new home office.

Proper use of tools ensures your safety

When you are using electric tools, you should keep the power cord behind you to ensure you don't cut into it, experts suggest.

One major elements to successful working around the home — both inside and outside — is the proper choice and use of tools.

In this respect, the seal of the Canadian Standards Association is a reference, because it indicates that the tools bearing the seal follow the Canadian Standards of manufacturing and safety, and are equipped with a ground wire or double insulation. This is very practical.

Here are a few tips from Hydro-Québec to help you use your tools safely:

The power cord

Do not handle the tool by its cord. This tends to damage the cord — and the damage is not always visible. Also, when you are using an electric saw or drill, you should keep the electric cord behind you to be certain that you do not accidentally cut into it.

Damaged tools

Never use a tool if the electric cord has been damaged or if the ground wire is twisted or cut. Likewise, never use a damaged extension cord.

The plug and the handle

Grip the plug (not the cord) to disconnect the tool and use the handle to move it.

Three-pronged plug

Never cut or fold the rounded ground prong of this part of the tool.

NEWS CANADA

Never use a tool if the electric cord has been damaged.

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Green wheels for green summit
World political leaders at the United Nations Climate Change Conference, which will be held in Copenhagen in December 2009, will be transported using bioethanol made from straw. The cars will be supplied by Volvo. METRO NEWS SERVICES

Metro Drive

Genesis appeal

J.D. Power and Associates has chosen the Hyundai Genesis as its most appealing midsize premium car in the 2009 Automotive Performance, Execution and Layout (APEAL) Study.
METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Power up, fuel down

Wide shoulders, clean, unadorned sheet metal and a stylish chrome grille treatment give the Camry Hybrid a sophisticated look.

NEIL MOORE
for Metro Canada

2010 Toyota Camry Hybrid

Type: Mid-size hybrid sedan
Price: from $30,900
Engine: 2.4-litre, 16-valve DOHC four cylinder gas engine with high-torque electric motor (combined 187 hp, 138 lb/ft)

Highlights

- Impressive acceleration
- Plenty of standard equipment
- Sophisticated look

Truth be told, I'm a bit of a closet greenie, which is why the Camry Hybrid suits me just fine.

I don't wear my respect for the environment like a badge — no beard, no sandals, no baggy cargo shorts with 101 pockets. And I don't feel the need to drive anything that shouts 'hybrid' to passersby.

The 2010 Camry Hybrid, save for subtle badging on the sides and trunk, is nearly identical to its gas-powered sibling. It enjoys same taut lines, wide shoulders and cladding-free sheet metal — and an even nicer front grille treatment.

The 2010 Camry Hybrid is available in one model, powered by Toyota's Hybrid Synergy Drive system, which has been installed in more than one million hybrids since 1997. In this configuration, it mates a 2.4-litre, 16-valve DOHC four cylinder gas engine with a high-torque electric motor, storage battery and energy management system.

The system can deliver a combined 187 hp across a wide band of engine speeds. This is partly due to the electric motor's ability to deliver maximum torque almost instantly, unlike gas engines which do so at higher RPMs.

The beauty of this hybrid system is that the gas engine and electric motor can work independently or together, switching seamlessly back and forth depending on demand. At startup, and if you're easy on the pedal at low speeds, the Camry will run on the electric motor only.

Push the accelerator a little harder and the gas engine joins in smoothly and quietly. Ease off again, and you're back to electric drive.

When you really have to go, such as when passing or merging on to a highway, both gas and electric work together. And coupled with the standard equipped continuously variable transmission (CVT), this powertrain delivers surprisingly brisk acceleration. The Camry Hybrid will go from zero to 60 mph (96 km/h) in about 8.4 seconds.

The Camry Hybrid is rated at 5.7 litres/100 km (50 mpg) for both city and highway driving. These ratings, of course, are difficult to match in the real world, and by the end of the week, my results were closer to 7.0, which is not bad for a sedan of this size.

Aside from all this green tech, the Camry Hybrid gives you all the comforts you'd expect in one of Canada's most popular mid-size sedans. Standard equipment includes eight-way power adjustable driver's seat, dual zone climate controls, smart key system with push button start, a JBL AM/FM/CD/MP3/WMA eight-speaker audio system with six-CD changer, steering wheel audio controls, Optitron electronic gauges with a multi-function display and more.

Will carrots, sticks do the trick?

AutoPilot
Michael Goetz
metronews.ca/autopilot

A cement mixer collides with a prison van. Motorists are asked to be on the lookout for 16 hardened criminals.

That joke by Britain's Ronnie Corbett has nothing to do with the topic of this column.

But I figured a bunch of you would tune out immediately if I launched with the actual topic — the new proposed auto emissions regulations.

Forging the right regulations is obviously a worthwhile exercise, just not a particularly uplifting one, as it usually entails accusatory tones, convoluted excuses, and the spectre of reprimands — not unlike a trip to the vice-principal's office.

But this round of regulation talk at least has the Obama factor in its favour.

The "cool" U.S. president started the whole thing off this May when he announced the new standard that roughly mirrors the proposed California clean air standard, and that it would be enacted by 2016, four years earlier than the original deadline of 2020.

But the most novel aspect of these tough new standards is that they would be national, replacing the patchwork of state legislation that so infuriated the automakers.

Canada will certainly adopt these standards, as it has always desired a North America-wide solution.

So we get a very clean and very universal standard in 2016 that everyone can work towards — but not everyone's happy.

Some automakers and some industry watchers contend that consumers won't buy these new super-duper fuel-efficient thingies — because the new standards will surely make them more expensive, and because many won't fit their lifestyles.

The evidence used by this camp is that many super-efficient vehicles are already on the market, and they're not exactly flying off the shelves.

That's why some say the only way to change consumer behaviour here is to raise fuel prices WAY UP. That's probably a bit too political for most politicians.

So we get this "stick" approach being applied to the automakers, and some "carrots" like Ontario's proposal to offer rebates between $4,000 and $10,000 for plug-in hybrids and electric cars purchased after July 1, 2010.

Which way is best? That's a debate not restricted to the auto industry, and one we're not going to solve today. That's an eternal debate on how to best influence behaviour in general.

Michael Goetz has been writing about cars and editing automotive publications for over 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

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World's Best Awards

The Auberge Saint-Antoine, a boutique hotel in Quebec City's historic Old Port, is No. 3 on the list of Top 10 Small City Hotels in North America, according to Travel + Leisure's 2009 World's Best Awards readers' survey. See travelandleisure.com/worldsbest. METRO NEWS SERVICES

Travel

A magical exhibit

You might not be able to visit Hogwarts, but you can always fly off to see Harry Potter: The Exhibition at Chicago's Museum of Science and Industry. The exhibit, which runs until Sept. 27, offers a firsthand look at more than 200 costumes and props from the films, including Harry's original wand and glasses, Quidditch-related items, and a study of Dobby the house elf. The show requires timed-entry tickets; see msichicago.org. REUTERS

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Capital sights in Vilnius

Lithuanian city is in the spotlight this year

JOHAN ÖBERG
Metro World News

The capital of Lithuania and Europe's oldest baroque old town, Vilnius, is European Capital of Culture 2009.

Vilnius already had a vibrant arts scene, but throughout this year it's even more alive with exciting events from art exhibitions and music festivals to theatre and literature festivals. This stunning town will charm you with its cobbled alleyways, cosy bars and intriguing combination of beautifully preserved churches and the world's only statue of psychedelic musician Frank Zappa. While you're there, here are sights and experiences you shouldn't miss:

Gediminas Castle: A perfect beginning for your visit to Vilnius is braving the walk up to Gediminas Castle to get a view of the city. You will see the old town, the river Neris and the 328-metre-tall TV tower.

Cathedral Square: On weekends the square is filled with newlyweds who are photographed before heading off to their receptions in the city's many limousines. Vilnius has more limos than any other European capital.

Pigs' ears: Stroll down Pilies gatvė and have a rest at one of the many cafés and pubs, where a plate of smoked pig ears is a mandatory snack.

Old Town: The heart of the Old Town offers approximately one square kilometre of UNESCO World Heritage beauty, with lovely baroque buildings and surprises on every street corner.

Uzupis: Take a trip to the artsy, self-proclaimed "independent republic," Uzupis, on the other side of the little Vilnia River. Home to artists and musicians, it is Vilnius' answer to Montmartre in Paris and Christiania in Copenhagen.

TV tower: This is one of the few must-sees in new Vilnius — it is where the final stand took place during Lithuania's fight for independence in 1991. For the reckless visitor, there's an opportunity to take on Europe's highest bungee jump from a height of 169 metres.

Vilnius beach: Enjoy Vilnius beach, an artificial sandy beach on river Neri's north shore. A visit to the beautiful art park Europas Parkas nearby is also a must; europospar kas.lt.

More details

- vilnius-tourism.lt
- culturelive.lt/en

METRO WORLD NEWS

JOHAN OBERG/METRO WORLD NEWS

A view of Gediminas Castle in Vilnius, Lithuania.

Top hotel beds

For travellers who need a good bed for a good night's sleep, travel guidebook publisher LUXE City Guides has come up with a list of the top hotel beds around the world.

1 The Bowery Hotel, New York: The Bowery Hotel's custom-built American-style wooden beds look as plump and comfy as they feel. Serta mattresses are enveloped in custom 400 count Egyptian cotton sheets, plus down duvets, two firm and two soft down pillows, or if you're sensitive, a choice of hypoallergenic pillows and duvets. Leave the curtains open for views of the twinkly Manhattan skyline.

2 The Setai, Miami: With its 700 count sateen cotton treats from Christian Fischbacher of Switzerland, Dux beds with a 2.5 inch (6 cm) latex top pad and a choice of down, feather or hypoallergenic handmade pillows from Singaporean company Ploh, it's hard not sleep. Wake up with the views of the sunrise over the Atlantic.

3 Sofitel Watertower, Chicago: The trademarked SoBed sleep system is actually a Serta mattress topped by a Pacific Coast featherbed and duvet, custom 250 count linen and foam and feather pillows. If you can't stand another night without a SoBed, you can buy one through the hotel.

4 Hollywood Roosevelt, Los Angeles: After a night at L.A.'s notorious party pad, you can sleep between custom 400 count sateen Sferra linens on a Sealy Palatial Crest Cushion with squishy pillowtop, and 26" square goose down pillows (hypoallergenic upon request).

5 The Connaught, London: Sleep on the hotel's own signature Maybourne Deluxe barrel-shaped pocket spring mattress, with a poly-fibre pillow top, own brand 50/50 feather and down pillows and lovely Rivolta Carmignani 300 thread count cotton sheets. The window shades block out light completely. Just add private butler and Asprey Purple Water toiletries for absolute luxury.

6 Park Hyatt, Sydney: Lie on an oversized Sealy Hyatt Grand Pillow Top king with 50 per cent down and 50 per cent feather pillows, snuggling under a cosy down and feather duvet and Australian Royal Collection 300 thread count linens. Wake to a view of the iconic Sydney Opera House and the dazzling harbour. REUTERS

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Happy Birthday
Through August, Guinness Storehouse, Ireland's top visitor attraction, is celebrating the company's 250th anniversary with daily events including music, lectures, tours and demonstrations. A live Céilí band and Irish dancers will bring the house down each Saturday. See guinness-storehouse.com. METRO NEWS SERVICES

Paris Plages **Sunning by the Seine**

BENOIT TESSIER/REUTERS

People enjoy the sun as Paris Plages opens along the banks of the River Seine in Paris. The annual transformation of a section of the Seine into a man-made beach lasts until Aug. 20.

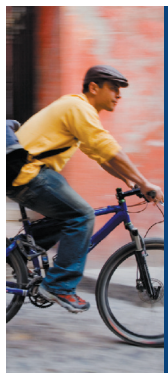
Sleepy? Poll rates best, and worst, airports for shut-eye

AIRPORTS On a shoe-string, stuck or just need some shut-eye? Avoid Paris' Charles de Gaulle at all costs, but embrace Singapore's Changi, according to a survey that rated the world's 10 worst, and best, airports to sleep in.

Dirty floors, filthy, overcrowded bathrooms, bird poo and biting insects were among the biggest complaints of the 6,200 travellers who took part in the poll, by travel website The Guide to Sleeping in Airports.

Charles de Gaulle was voted the absolute worst, followed by Sheremetyevo in Moscow, which one traveller called "hell on earth". In the third and fourth spots were New York's JFK and Los Angeles' LAX, while India's Delhi airport rounded off the top five worst airports.

On the flip side, Singapore's Changi was rated the cleanest and most comfortable airport to sleep in, followed by Seoul's Incheon and Amsterdam's Schiphol. REUTERS



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Montego Bay	Travel Aug 7 - Aug 14/ac	$299 + taxes & fees $276
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Vancouver	Travel Aug 8 - Aug 15/ac	$468 + taxes & fees $113

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Holidays

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Mercure Playa de Oro + taxes & fees $240
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Las Vegas 4 Nights $368
Excalibur Hotel & Casino + taxes & fees $128
INCLUDES roundtrip airfare and 4 nights 3.5-star accom on the Las Vegas Strip. Departs Aug 11/wsv/ws.

Puerto Plata 4-Star $568*
Grand Paradise Playa Dorada + taxes & fees $332
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Aug 21/nol/ts.

Cruise Holidays

Canada & New England $675
Norwegian Spirit + taxes & fees $115
INCLUDES 7-day Norwegian cruise, onboard meals & entertainment. Sail from Boston to Quebec City and visit Bar Harbor, Saint John (Bay Of Fundy), Halifax, Sydney and La Baie. Port charges included. Sails Oct 9.

Hawaiian Islands $785
Pride of America + taxes & fees $76
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Norwegian Pearl + taxes & fees $265
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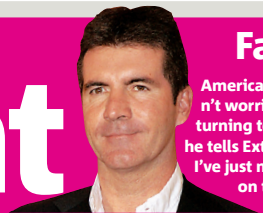
Potter star sentenced

Harry Potter actor Jamie Waylett has been hit with 120 hours of community service after pleading guilty to drug charges. Waylett, who plays bully Vincent Crabbe in the Potter films, plead guilty to growing 10 marijuana plants in his mother's England home. POPEATER.COM

Entertainment



Fan of Paula

American Idol judge Simon Cowell isn't worried about Paula Abdul not returning to the show. "She'll be fine," he tells Extra. "I don't get a lot of say. I've just made it clear that I want Paula on the show." USMAGAZINE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Native rock Swagger

Nunavut singer Lucie Idlout a 'fierce, alternative rocker'

IAN NATHANSON
for Metro Canada

Long before becoming a rock songstress, Lucie Idlout considered a career in politics.

"My area of interest was self-government and international human rights for indigenous peoples," says Idlout, who divides her time between Toronto and her hometown Iqaluit. "The problem was that every time a new government came in, we were forced to re-educate new ministers instead of moving forward in the rights of our peoples.

"Because I took that to heart, it really got me down. I didn't have the spirit for politics anymore."

Instead, she developed into what New Yorker magazine describes as a "fierce, alternative rocker" — possessing an edgy grit that could only come from someone used to bouncing between homes. Early in her life, Idlout's father bolted from the family and her formative years were spent both in the Nunavut capital and Ottawa, where her mother worked in a government position.

Idlout turned to music as a creative outlet for expressing not only her own dealings, but also those of her home community. The title cut of her first solo effort, 2004's E5-770, My Mother's Name, stems from a 1940s-era Canadian federal government method of identifying Inuit people.

"It seemed to me that this acted as the first census for Inuit," Idlout explains. "But more importantly, it was a system that they used to fail our children. The way the system worked back then was 'get 'em while they're young' in terms of colonization."

FocusOn FirstNations

With punk-fuelled defiance, Idlout also addresses issues of suicide and domestic violence — the latter leading to an unexpected campaign. The track Lovely Irene, from Idlout's 2009 sophomore effort Swagger, was converted into an acoustic number, Angel Street, and grabbed the attention of Iqaluit mayor Elisapee Sheutiapik, who rechristened the street on which the city's women's shelter is housed. She later called upon other Canadian cities to name a street Angel in honour of women nationwide who have been victims of domestic violence.

Small wonder that Idlout was the ideal choice to open for The White Stripes during their visit to Iqaluit in 2007. The media attention surrounding that visit also highlighted Iqaluit as quite the centre of arts activity — carvers, folk singers, metalheads — beyond traditional throat singers and other Inuktitut-singing performers.

Much of that attention can be credited to the likes of Tanya Tagaq Gillis, a throat singer renowned for collaborating with Björk, and folk-pop sensation Susan Aglukark.

Nunavut rocker Lucie Idlout turned to music as a creative outlet for expressing not only her own dealings, but also those of her home community. Her latest album is called Swagger.

Says Idlout, "Nowadays there are people who are coming up with even newer, contemporary forms of music that's married to Inuktitut."

Creepy children find a home in Hollywood

STEVE GOW
for Metro Canada

There's really nothing quite as sweet and innocent as a cute, precocious little eight year old. That is unless you're in Hollywood, where filmmakers continue to turn toddlers into terrorizing tyrants.

When Orphan hits theatres this Friday, it will mark the latest chiller that uncovers a youngster much more sinister than she first appears. Producers are hoping to cash in on the little devil following the long tradition of creating creepy cinematic children. Here's a brief record of the top thrillers starring Tinseltown's most terrifying tots:

Movie feature

The Bad Seed In this 1956 classic, a cute eight year old with good grades and pigtails is also a bloodcurdling psycho who'll kill classmates for their penmanship medal. Little Rhoda Penmark would've reduced "Beaver" Cleaver to nothing but a blubbering puddle.

Memorable quote: "Children can be nasty, don't you think?"

Village of the Damned This 1960 adaptation of John Wyndham's The Midwich Cuckoos features a whole hamlet of women who gave birth to unearthly offspring with glowing eyes. If you think it's hard to convince your kid to eat broccoli, try it when they have malicious telepathic powers.

Memorable quote: "What's important about (children) is whether they're good or bad and these children are bad."

The Omen In 1976, little Damien redefined the term "problem child" when it was revealed he was actually the son of Satan. Of course, you don't get that information from a hospital chart — it took a few dead nannies for his father (Gregory Peck) to realize, "Hey, I think this kid might just be the Antichrist!" The film was later remade in 2006.

Memorable quote: "Wrong? What could be wrong with our child, Robert?"

The Good Son After charming audiences in Home Alone, little Macaulay Culkin got spooky in this 1993 thriller dumping dummies off busy highway overpasses and shooting defenseless dogs. In case you haven't guessed, he didn't play the title role.

Memorable quote: "I think he's going to be fine."

Hide and Seek Dakota Fanning had her turn emoting eerily in this 2005 film consorting with an imaginary friend with serious homicidal tendencies. Anyone who can spook Robert DeNiro is definitely creepy, a little girl notwithstanding.

Memorable quote: "It's not unusual for a child to create an imaginary friend." Want to bet?

The Omen was remade in 2006.

Boyle's demolition ball

A newly glammed up Susan Boyle visited the Today show for the first time since her amazing run on Britain's Got Talent, telling Meredith Vieira she's "having a wonderful time" but that reaching fame so quickly was "a lot like a giant demolition ball." POPEATER.COM

Aniston's company gets Holler

PROJECT Screen Gems and Jennifer Aniston are teaming up to tell a tale of lingering racial tensions in the Deep South.

Jennifer Aniston

The company has acquired Holler (aka Mutt), written by Dana Adam Shapiro, co-director of the Oscar-nominated documentary Murderball.

Inspired by true events, the script centers on a biracial high school student who returns with his white mother to her hometown in Mississippi, where he falls for a white girl but is shocked to discover that she cannot be his date at the segregated prom. He soon finds himself a catalyst for change for the entire town.

Outlander set for new adaptation

MOVIE Gil Adamson's historical novel The Outlander has been acquired for a film adaptation.

Outlander tells the tale of a 19-year-old woman struggling to survive in the Canadian wilderness while being pursued by her late husband's brothers, who are seeking revenge for his murder. Xingu Films, Strada Films and Triptych MediaFilm jointly picked up rights to the book, which was published last year by House of Anansi Press.

Warner Bros. nabs Sacred Prey

MOVIE Warner Bros. and screenwriter Brad Ingelsby will develop a feature based on Sacred Prey, Vivian Schilling's novel about a hit man who becomes the victim of his own takedown. In the thriller, a loan shark who kills a man wakes up and finds himself in the body of that man three days before the murder.

REUTERS

Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

Dirty talk in The Ugly Truth

Movie **feature**

NED EHRBAR
Metro World News

The battle of the sexes gears up for one more round in the new film The Ugly Truth. In it, Katherine Heigl and Gerard Butler square off as a pent-up TV producer and the loudmouth lout hired to boost her morning news show's rating.

Naturally, they hate each other right off the bat.

The film pokes fun at many of the anxieties men and women face in the dating world, and even though production wrapped months ago, the two stars are still debating.

The Ugly Truth hits theatres on Friday

"Would you want a woman to call you not once but twice if you haven't returned her phone call?" Heigl asks. Butler's response? A simple, "Yeah," to which Heigl raises a dubious eyebrow: "Really?"

One thing the stars can agree on is how physically demanding shooting one of the film's more infamous scenes was. Let's just say it involves a business dinner and vibrating panties. And to get the scene shot correctly, the actors had to perform it more than 35 times.

Butler has high praise for his leading lady after enduring so many takes. "It was one of the most brilliant performances I've ever seen," he says. "She was, dare I say, bang on. It was incredible."

"It was physically exhausting," Heigl admits. "By the end of the day, I felt like I'd run a marathon. No one wants to orgasm 35 times."

For Heigl, a comedy rated R in the United States isn't new territory, considering her star turn in 2007's Knocked Up. And she sees a distinct difference in that kind of raunchier comedy — which has been winning big at the box office lately with films like The Hangover — versus safer fare, like her PG-13 hit 27 Dresses, which Heigl admits has an air of fantasy about it.

Katherine Heigl and Gerard Butler aren't afraid to drop the F-bomb in the raunchy The Ugly Truth.

"As much as I love that younger audience, I still feel like I want to tell a real story to people my age. And we throw (the F-word) around a lot," she admits. "When you have to censor so much for that PG-13 rating, it starts to get a little cute."

Heigl admits she's a fan of foul language on screen as well as off. "I talk like that all the time anyway," she says. "I love raunchy humour. I don't know why. I should probably get a little more sophisticated.

"It's not that I always want to do R-rated movies," she insists. "There's just something about the ability to be crass and drop the F-bomb on occasion."

As for Butler, it's usually more than occasional when it comes to cursing. So how did the foul-mouthed Scotsman enjoy being in a comedy with R-rated dialogue?

"I was in heaven," he says, though he admits learning his lines was a bit trickier for this than for his more action-fuelled work. "In my defence, I never f—ing shut up in this movie."

primetime 7/22/09

OT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
cable variety	265	353	2	TVO	Life in Cold Blood		The Best of The Agenda		The Human Camera		Secret Life of the Brain		Best-Agenda
	211	331	3	GTV	ET Canada	Entertainment	Wipeout (HDTV) (N)		(9:02) In Plain Sight		The Philanthropist (N)		News
	-	-	5	SRC	Des squelettes	L'Épicerie (N)	La Petite Séduction (N) (SC)		Bons baisers de France (SC)		Le Téléjournal et Les Nou		TJ Ontario
	209	342	6	CHRO	The Road to Avonlea		Old Christine	Gary Unmarr	America's Got Talent (N)		Monk		Comedy Now
	196	311	7	CTV	Hollywood	etalk	So You Think You Can Dance (N)				CSI: NY (HDTV)		CTV News
	208	303	8	CBC	Coronation St.	Jeopardy! (N)	Dragon's Den (HDTV)		The Tudors (DVS)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	America's Got Talent		America's Got Talent (N)		The Philanthropist (N)		News
	117	713	10	TVA	Les Gags	Histoires-filles	Les Anges de la rénovation		Nos étés (SC)		TVA 22 heures	Juste pour rire	Sucré-salé
	-	-	11	QS	La Guerre des	10 façons	Entourage	Entourage	Bob Gratton	Californication	(10:03) Un tueur si proche		Call TV
	137	763	12	TFO	Panorama été	Esprit	Sur la Piste de	Villages	*Les Moutons de Jacob* (2002, Drame)			Folie-aventure	Esprit
	-	362	13	CBS	Dr. Phil (HDTV)		Old Christine	Gary Unmarr	Criminal Minds (HDTV)		CSI: NY (HDTV)		Two/Half Men
	216	395	14	OMN2	Raymond	According-Jim	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
	214	344	15	CITY	Law & Order: SVU		Goode Family	Surviving Sub.	Japanese Game Show		Krod Mandoon	Krod Mandoon	CityNews
	115	343	16	CFMT	Two/Half Men	The Simpsons	News (N)		Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18	E!	The Insider (N)	E! News	Psych (N)		D. Richards	Kendra	Forbes Celebrity 100-Bank		News/Eleven
	-	361	20	ABC	Action News	Entertainment	Wipeout (HDTV) (N)		Japanese Game Show		Over a Barrel: About Oil		News
	512	396	24	CPAC	Tête-à-tête	Beyond Poli	L'Heure politique		Dossier public			Podium	Heure polit.
	651	355	25	CTS	Little House on the Prairie		Michael Coren Show		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	So You Think You Can Dance (N)				FOX 2 News (N)		Newsedge
	-	-	64	PBS	Business Rpt.	From the Top	Time Team America (N)		Ascent of Money (DVS)		Wide Angle (N)		Charlie Rose
	205	312	104	CTV	Hollywood	etalk	So You Think You Can Dance (N)				CSI: NY (HDTV)		CTV News
news	502	390	26	NW	CBC News	Fortune	The Hour		CBC News: The National		Geologic Journey		National
	500	500	33	CNN	Lou Dobbs Tonight		Black in America "Today's Pioneers" (HDTV) (N)				Anderson Cooper 360		Black-America
sports	406	417	27	net	Best Damn Top 50 Special		Soccer Canada vs. United States. (Live)				Sportsnet Con.	Sportsnet Con.	Sportsnet Con.
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	400	280	30	TSN	MLB Baseball Cleveland Indians at Toronto Blue Jays. From Rogers Centre in Toronto.						SportsCentre (HDTV) (Live)		
	410	403	52	SCR	RaceNight						Score Tonight		Final Score
	411	457	56	OLN	Dog the Bounty Hunter		Cycling Tour de France -- Stage 17. From Bourg-Saint-Maurice to Le Grand-Bornand.						Cycling
family	417	406	59	SC	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pass Time (N)	Pass Time (N)	Wrecked	Wrecked	Pimp My Ride
	554	544	48	TEL	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken	Father of Pride	Moral Orel
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	In Real Life "E.R."		Malcolm-Mid.	Futurama	Survive This	Adrenaline Proj	Falcon Beach		Mystery Hnt.
	570	580	29	MM	The Daily Fix		Ranked!		I'm a Celebrity, Get Me Out.		Entourage	Gene Simmons	The Daily Fix
	615	520	31	A&E	CSI: Miami "Legal"		Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter		Bounty Hunter	Bounty Hunter	Tattoo High.
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		UFC Fight Night (HDTV)				Unleashed
	521	560	34	TLC	Say Yes-Dress	Cake Boss	Extreme Aging: Hayley's Story		I Didn't Know	I Didn't Know	Toddlers & Tiaras (N)		Extreme Aging
	145	761	35	TV5	La Vie est un cirque		*Les Brigades du tigre* (2006, Drame)				Tout ça		Journal TV5
	616	521	39	SHO	The Outer Limits		The Guard "The Hold"		*Secret Lives* (2005, Suspense) Daphne Zuniga.				House
	620	523	40	BVO	The Achievers	Bravo!Videos	Arts & Minds	O'Reagan File	Wingfield	Wingfield	Beyond-Screen	Manitowapow	Law & Order
	520	505	42	DIS	Daily Planet		Mighty Ships "Akamalik" (N)		Deadliest Catch "Bitter Tears"		Mayday "Fire Fight"		Daily Planet
	575	583	43	CMT	Project Dad	Project Dad	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Karaoke Star
	601	562	45	SLC	Skin Deep	Til Debt-Part	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada
	625	548	46	COM	Air Farce	22 Minutes	22 Minutes	Corner Gas	The Simpsons	South Park	Jon Dore Show	Tosh.0	Daily Show
	294	529	47	TBS	MLB Baseball San Francisco Giants at Atlanta Braves. From Turner Field in Atlanta.						Seinfeld	Family Guy	Family Guy
	600	564	49	H&G	House Hunters	Property Virgin	Big City Broker	The Stagers	Property Virgin	Hid Potential	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Primeval (N)		Torchwood: Children of Earth		Stargate SG-1
	581	566	53	MTV	MTV Cribs	After	MTV News	Cribs	The Real World		The Real World (N)		MTV Live
	618	524	54	TROP	The Crow: Stairway to Heaven		What Happen?	What Happen?	Seinfeld	Raymond	Family Guy	Seinfeld	Seinfeld
	522	506	55	HIS	NCIS "Twisted Sister"		Cities of the Underworld		Ice Road Truckers		NCIS "Twisted Sister"		Marine Mach.
	129	773	60	CD	Cruauté animale "En Afrique"		Légendes urbaines "La Ruse"		Science du combat (HDTV)		Histoires de crimes (HDTV)		C'est incroy
	261	394	61	V	Murder, She Wrote		Keeping Up	Foot in Grave	Doc Martin		Recreat. Eden	Supernatural	Poltergeist
	602	567	62	W	Style by Jury	Friends	Grocery Bag	Grocery Bag	Love It or List It		*Trophy Wife* (2006, Suspense) Brooke Burns.		
	269	350	70	APTN	Canadian Geographic		Running Against Crime		Tears	Vitality	Miywayawin	Find. Our Talk	Wings-Canada
	621	527	71	TLK	The Ellen DeGeneres Show		TMZ (N)	etalk	Canada's Next Top Model		Tonight Show-Conan O'Brien		TMZ
	603	561	95	FN	Chef at Home	Fresh-Anna	Restaurant Makeover		Iron Chef America		The Next Food Network Star		Opening Soon

critics'corner

Dragon's Den

Pro wrestling may be fake, but the muscles on the participants are real. In this episode, the Dragons hear a pitch from a former wrestler who has a new bodybuilding system. Also seeking support are a florist who wants to grow his operation, a prodigy with a teaching-tool business and the inventor of a new disposal method for dog waste. 8 PM on 8 CBC

The Next Food Network Star

In this episode, Bobby Flay tests the remaining seven finalists by having them demonstrate their take on the classic American hamburger, with the best burger plate landing a spot on the menu of Flay's new restaurant, Bobby's Burger Place. Then Guy Fieri and USA Weekend magazine associate editor T.J. Walter surprise the finalists at the Intrepid Sea, Air and Space Museum, where they'll cook for returning U.S. soldiers. 10 PM on 95 FN

Britney to regain control?

Britney Spears' father might be letting go of the reins soon. Sources told TMZ that Jamie Spears will ask the court to review the terms of the conservatorship after her concert tour ends in November and let the judge decide if she should regain control of her life. **POPEATER.COM**

Celebrity Buzz

Michael's resting place in limbo

REST IN PEACE With Michael Jackson temporarily interred at Forest Lawn Memorial in Los Angeles, his family is wrestling with a painful decision: Where will the King of Pop finally be laid to rest?

A source close to the Jackson family told people.com, "They (still) haven't decided," but added that the singer's parents and siblings might be one step closer to an agreement.

Michael's mother Katherine Jackson, 79, had previously objected to making the Neverland ranch his final resting place because, says the source, "She thinks it's a place of horrible memories. She says Michael wouldn't want to be there." (Authorities once alleged Jackson molested children at the ranch; he was acquitted of all charges in 2005.) However, she has since softened her stance, according to the source.

"Katherine is still opposed to Michael being buried at Neverland, but would relent if it could be arranged for Michael's children to gain ownership of the property," the source explained. "If they could have complete ownership, Katherine would approve."

How that arrangement might work, however, is up in the air; currently a majority stake in the property is held by private investors. "That's one of the things they're trying to figure out," the source said, noting that there is money to be made if Neverland becomes a tourist attraction like Graceland, the Memphis home of Elvis Presley.

The other location in play is Forest Lawn, where a private memorial for Jackson was held the morning of his July 7 public tribute in Los Angeles.

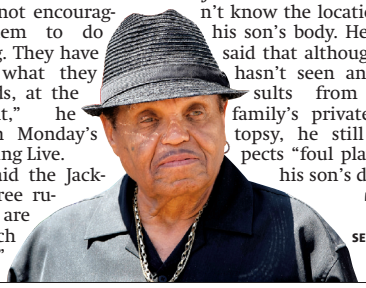
METRO NEWS SERVICES

No career for MJ's kids: Joe

DENIAL Despite earlier comments to ABC News that Michael Jackson's kids could be stars, Joe Jackson now says has no plans to turn them into entertainers, usmagazine.com reports.

"I'm not encouraging them to do nothing. They have to be what they are, kids, at the moment," he said on Monday's Larry King Live.

He said the Jackson Three rumours are "a bunch of jive."



He also denied ever abusing his late son, despite previous accusations from the King of Pop himself.

"I never abused my son," Joe insisted. "Michael was never beaten."

Joe revealed that he didn't know the location of his son's body. He also said that although he hasn't seen any results from the family's private autopsy, he still suspects "foul play" in his son's death.

METRO NEWS SERVICES

Jess bounces back

MOVING ON A newly single Jessica Simpson has been getting by with a little help from her friends. The singer hit the town with three friends, posting photos on Twitter. "Love my ladies," Simpson wrote.

"Wish I could be with them every day of my life. Laughter is wonderful."

METRO WORLD NEWS

Love finds love

ENGAGEMENT Jamie Kennedy and Jennifer Love Hewitt are reportedly set to marry. A Page Six source says the actor pulled Hewitt onstage at a comedy club. An audience member yelled "marry her," so Kennedy "got down on one knee" as the audience applauded

METRO NEWS SERVICES

Farrah's final moments

MOURNING Ryan O'Neal is speaking out for the first time since Farrah Fawcett's June 25 death in a new interview with NBC Today's Meredith Vieira, usmagazine.com reports.

In the interview which aired yesterday, O'Neal, 68, opens up to Vieira about his final moments with Fawcett, who died at age 62 after battling anal cancer.

"(Doctors) thought that she would live just another couple of hours, and she lived a couple of days," O'Neal said of his longtime love, who spent her last days at St. John's Hospital in Santa Monica, Calif. "So I had a bed put in the room for me. And I just lay by her side. She wouldn't — move on. She wouldn't pass."

In her dying moments, "(Farrah) just looked at us with a slight smile," O'Neal said, "and then all the machines flatlined. She was gone."

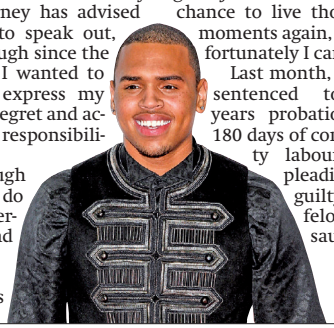
METRO NEWS SERVICES

Chris says he's sorry

MAKING AMENDS In a new video posted on TMZ.com Monday, Chris Brown apologizes for allegedly beating Rihanna earlier this year, usmagazine.com reports.

"Hi, I'm Chris Brown," he began. "Since February my attorney has advised me not to speak out, even though since the incident I wanted to publicly express my deepest regret and accept full responsibility.

"Although I would do some interviews and answer some questions in the future, I felt it was time you heard directly from me that I am sorry. I have tried to live my life in a way that would make those around me proud of me, and until recently, I think I was doing a pretty good job. I wish I had the chance to live those few moments again, but unfortunately I can't."



Last month, he was sentenced to five years probation and 180 days of community labour after pleading guilty to felony assault.

METRO NEWS SERVICES

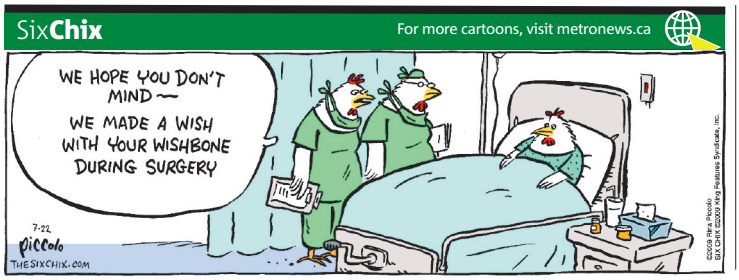
Victoria's fake tan impresario

POSH'S TEAM Spray-tan impresario Jimmy Coco is a regular visitor to Victoria Beckham's house, he boasts. "When we met, she had the worst fake tan ever," Coco told the Daily Mail. He says he stops by her home twice a month to spray on a nice, even bronze tone — while Beckham wears nothing but a white paper thong.

GETTY IMAGES

METRO WORLD NEWS

SixChix — For more cartoons, visit metronews.ca



Sarah and Matthew separate?

ON THE ROCKS? Mere weeks after welcoming twin daughters, Matthew Broderick and Sarah Jessica Parker have decided to live apart, according to Look magazine.

Parker reportedly wants to move the girls and their six-year-old son to Brooklyn, while Broderick wants to stay in Manhattan in their West Village townhouse.

METRO WORLD NEWS

"HILARIOUS" FOX TV NEWS
"GLORIOUSLY FUNNY" THE CHICAGO READER
Entertainment Events and Ottawa Little Theatre Present
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"UPROARIOUS INTERACTIVE THEATRE" NY TIMES

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Friday Showers 40% 25° / 19°

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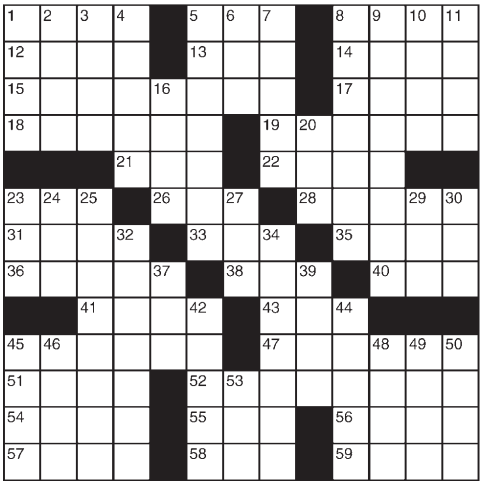
Take Five



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			1				8	
						6	2	
1			5	6		4		7
2				4			9	
3	5						1	6
	6			7				5
8		6		1	9			4
	3	1						
	2				3			

Crossword across

1 "Twilight of the —"
5 Vanna's companion
8 Highlander
12 Cruising
13 Ipanema is there
14 Plankton component
15 It'll get you nowhere
17 Bailout acronym
18 Page numbers
19 Cheers up
21 Type squares
22 "I advise against it"
23 Work unit
26 Go up and down
28 Relinquish
31 Body powder
33 Zero
35 Algonquian language
36 Texas cook-off dish
38 Calendar abbr.
40 Evergreen type
41 Lean (toward)
43 Wrigley product
45 Gas rating number
47 Didn't sit on the bench
51 Declaration of Independence starter
52 Nervously excited
54 Dumbo's "wings"
55 The Da Vinci coat?
56 Otherwise
57 Eyelid woe
58 Conger, for one
59 Coaster

Crossword down

1 Big fishing hook
2 Norway's capital
3 Transaction
4 Composer Erik
5 Apply fake fingernails
6 Melody
7 Tinkered (with)
8 Evil
9 Making a commotion
10 Shrek is one
11 Eaves-droppers' equipment
16 "Who's buried in Grant's —?"
20 Myrna of Hollywood
23 List-ending abbr.
24 "Go, team!"
25 Tinsel-like
27 Auction action
29 Shelter
30 Morning moisture
32 Wash
34 Humorous hoax
37 Hostel
39 Zealous group
42 Crusoe's creator
44 Partners
45 Has bills
46 Converse
48 Holler
49 Gaelic
50 Turned blue?
53 Whopper

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

4	6	7	5	2	8	9	1	3
3	2	8	9	6	1	4	7	5
1	5	9	3	4	7	6	2	8
8	4	6	1	5	2	3	9	7
2	9	3	8	7	6	1	5	4
5	7	1	4	9	3	2	8	6
6	3	5	2	8	9	7	4	1
9	1	4	7	3	5	8	6	2
7	8	2	6	1	4	5	3	9

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SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Succulent Grilled Steak with Crispy Potatoes

INGREDIENTS:

1 round steak, 3/4 in. (2 cm) thick
1/2 tsp (2 ml) pepper
4 medium baking potatoes, washed and sliced lengthwise into 1/2-in. (1-cm) slices

CHIMICHURRI SAUCE:

1/3 cup (75 ml) reduced-salt chicken stock
1 tbsp (15 ml) extra virgin olive oil
2 tbsp (10 ml) freshly squeezed lemon juice
2 large garlic cloves, finely chopped
1 tbsp (15 ml) chopped fresh oregano or 1 tsp (5 ml) dried oregano
1/2 tsp (2 ml) crushed dried chilies, or to taste
1 small onion, finely chopped
1/2 cup (125 ml) finely chopped Italian parsley

METHOD:

1. Put all sauce ingredients in sealable plastic bag and shake to mix. Rub steak on both sides with half the pepper, then put steak in bag and close. Refrigerate 30 minutes, or up to 2 hours, turning once.
2. Meanwhile, place wire cooling rack over paper towel. Bring potatoes, remaining pepper and enough water to cover to boil in pot over high heat. Reduce heat to medium and simmer until potatoes are almost tender, 10 minutes. Transfer potatoes to rack. Lightly coat potatoes on both sides with nonstick cooking spray (preferably olive oil).
3. Remove steak from sauce. Boil sauce vigorously in small pot 3 minutes, stirring constantly. Remove from heat and cover to keep warm. Meanwhile, coat grill pan with nonstick cooking spray and set over medium-high heat. Cook steak and potatoes until steak is done to taste (3 to 4 minutes on each side for medium-rare, 4 to 5 minutes for medium) and potatoes are crispy, about 4 minutes per side. Thinly slice steak across grain. Divide potato and steak slices among 4 plates. Spoon about 2 tbsp (25 ml) warm sauce over each serving.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton

sallybrompton.com

ARIES ♈
MARCH 21-APRIL 20
Harmony at home may have been somewhat elusive of late but today's solar eclipse will help you make the peace.

TAURUS ♉
APRIL 21-MAY 21
Honesty may be the best policy but sometimes honesty can be a bit dangerous too, and that's something you need to bear in mind today.

GEMINI ♊
MAY 22-JUNE 21
For too long you have been content to take what you were given but today's solar eclipse in the money area of your chart urges you to be more dynamic.

CANCER ♋
JUNE 22-JULY 22
Today's solar eclipse in your sign will in some way or other reward you for the not inconsiderable efforts you have put in over the past few weeks.

LEO ♌
JULY 23-AUG 23
The Sun's transit of your birth sign as from today means you no longer have to worry what others think, feel or say. Now it's all about you.

VIRGO ♍
AUG 24-SEPT 22
It may not be possible for one person acting alone to change the world but several like-minded individuals working together can make a difference.

LIBRA ♎
SEPT 23-OCT 23
All the efforts of the past few weeks will come to a satisfying conclusion today, and no one will be able to say that you are not a winner.

SCORPIO ♏
OCT 24-NOV 22
With your confidence so high at the moment you will want to do something outrageous, and that's fine. Just don't jeopardize your good reputation.

SAGITTARIUS ♐
NOV 23-DEC 21
The more others try to belittle you today the more likely it is they are scared that you are about to outshine them. And they're right.

CAPRICORN ♑
DEC 22-JAN 20
The eclipse in your opposite sign of Cancer means that friends and family members know what is best for you as well as for themselves.

AQUARIUS ♒
JAN 21-FEB 18
The Sun's transit of the relationship area of your chart over the next four weeks or so means you won't have time to take care of details.

PISCES ♓
FEB 19-MARCH 20
Be forceful, be dynamic and be the one who makes things happen, in your private life and in your work.

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This day in history

JULY 22, 1793: Alexander Mackenzie reaches the Pacific Ocean becoming the first Euro-American to complete a transcontinental crossing of Canada.
JULY 22, 1934: Outside Chicago's Biograph Theatre, "Public Enemy No. 1" John Dillinger is mortally wounded by FBI agents.
JULY 22, 1942: Holocaust: The systematic deportation of Jews from the Warsaw Ghetto begins.
JULY 22, 2003: Members of 101st Airborne of the United States, aided by Special Forces, attack a compound in Iraq, killing Saddam Hussein's sons Uday and Qusay, along with Mustapha Hussein, Qusay's 14-year old son, and a bodyguard. METRO NEWS SERVICES

IFCO Summer Gala Screening 2009 presents:
METAMORPHOSIS
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Saturday, August 8th, 7:00PM/ Location: National Library & Archives of Canada (395 Wellington Street @ Bay Street)
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Limited model shown

GL with Sport Package model shown

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2009 ACCENT L 3DR

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GL Sport model shown

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Limited model shown

2009 SANTA FE 2.7L GL

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Limited model shown

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GRADUATE RESEARCH PROGRAM

"The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ♦Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Elantra L/2009 Accent L 3 Dr/2009 Tucson L/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Elantra Limited of $20,295/2009 Accent GL Sport of $14,395/2009 Tucson Limited of $27,495/2009 Santa Fe Limited of $22,445. ‡Starting price for model shown: 2009 Elantra Touring GL with Sport Package 5-speed of $21,195. ♦Price is calculated after deducting price adjustment of the lease/finance starting price. Price adjustment of $3,500 available on a 2010 Sonata GL 5-speed. Price for 2010 Sonata Limited model shown (after deducting price adjustment) is $30,499. ♦♦Delivery and Destination charges of $1,495 for 2009 Elantra/$1,495 for 2009 Elantra Touring/$1,495 for 2009 Accent/$1,695 for 2009 Tucson/$1,695 for 2009 Santa Fe/$1,695 for 2010 Sonata. ♦♦♦Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ΔThe Hyundai Elantra received the lowest number of problems per 100 vehicles among compact cars in the proprietary J.D. Power and Associates 2009 U.S. Initial Quality Study℠. Study based on responses from 80,630 U.S. new-vehicle owners, measuring 245 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2009. Your experiences may vary. Visit jdpower.com. ‡Elantra Touring best-in-class interior room based on Auto Data comparison of 124 vehicles in the compact class (according to AAMA). ††Fuel economy comparison based on combined fuel consumption rating for the 2010 Sonata GL auto (8.0ZL/100km) and 2009 EnerGuide combined fuel consumption ratings for the full size vehicle class. Fuel Consumption for 2010 Sonata GL automatic (HWY 6.2L/100km, 46 mpg; CITY 9.5L/100km, 30 mpg) is based on manufacturer testing. Actual fuel consumption may vary based on driving conditions and the addition of certain vehicle accessories. ΔSee your dealer for eligible vehicles and full details of the Graduate Retailer Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.